

Friends School Athletic Philosophy

A Friends School education is a balanced experience where Academics, the Arts, and Athletics are interdependent and of equal value.

We believe that a fully integrated athletics program is an essential part of our commitment to educating the whole child. Athletics allow students to have fun, acquire important life skills, and build fulfilling relationships. Through participation in the athletic program and the experience of competing, students are motivated to realize their potential as individuals and teams, leading them to more fully embrace the core Quaker belief that there is that of God in every person. As such, athletics are an integral part of our students' educational experiences. Friends values the opportunity that the athletic program provides to promote the Friends School tradition of communities coming together, and acknowledges the important role that athletics play in the present and future physical, emotional, and social well-being of our students. In their pursuit of excellence, our athletes, coaches, faculty, staff and fans are committed to bringing the best of themselves to their teams and to the greater Friends community.