

THE NORTH BALTIMORE WRESTLING CLUB

A RECREATIONAL TEAM FOR 5-14 YEAR OLDS, COMPETING IN THE UPPER CHESAPEAKE WRESTLING LEAGUE.



Our team provides wrestlers with a challenging program in an environment that is supportive and encouraging. We emphasize three aspects of wrestling: technical excellence, sportsmanship, and team spirit.

For an application packet, contact Andy Spawn at 410-467-4289 (email aspawn@friendsbalt.org). Don't delay—practices start on Nov. 1!

**Visit our web site at
<http://eteamz.active.com/northbaltimore>**



Practices are held Tuesday and Thursday evenings from 6:30-8:00, Nov. 1 – Feb. 22. Our practice facilities are the Friends School of Baltimore, the Gilman School, and Loyola Blakefield.